

Spiritual Leader and Empowerment Coach **Rev. Anika Wilson Brown, PhD** is Pastor of Union Temple Baptist Church in Anacostia Washington, DC. Anika's innate ability to fuse the treatment of body, mind, and soul for a lasting indelible impression on one's best self and best life puts her in a category of her own. As Graduate of Spelman College (BA Psychology), Catholic University of America (Master of Social Worker) and Loyola University Maryland (PhD in Counseling Education and Supervision), Dr. Anika integrates spiritual principles, psychological theory and ancient healing practices to support clients with primary or secondary mental health challenges. Dr. Anika skillfully crafts an approach to wholeness that embraces and balances both the behavior of people as well as the science behind the behavior. One of the most sought-after speakers on the topic of merging spirituality and psychotherapy, Anika has spoken on diverse platforms, ranging from arena-sized gatherings to one-on-one small sessions to help audiences connect the dots between body, mind, and soul in a practical way.